

Davis™ Stepping Stones

Beginning Steps to the Davis Autism Approach Programme

A workshop specifically created for educators and support people of younger individuals with ASD and for those with limited language.

Workshop: Davis Stepping Stones

Description:

Davis Stepping Stones is an introductory programme developed for:

- younger individuals who are on the autistic spectrum and /or are struggling to meet early childhood development milestones.
- Individuals of any age with ASD who have low or no verbal ability.

Aim:

To provide the opportunity to gain sufficient knowledge and skills to actively support the development of early life and social concepts.

Course Length: 2 days

Pre-requisites:

Read the book *Autism and the Seeds of Change* – By Abigail Marshall and Ronald D. Davis

Who should attend:

- Teachers, RTLBs, teacher aids, therapists, early childhood workers, counsellors, social workers.
- Parents, family members and support persons of individuals who demonstrate autistic characteristics and are struggling to meet early childhood development milestones.
- Anyone who is interested in the Davis Autism Approach®.

Learning Outcomes

Upon completion of the workshop you will:

- Demonstrate an understanding behind the rationale for the programme and how it helps those with ASD under the age of 8 or those with very limited language, to develop the foundational life's lessons needed to complete essential early childhood development stages.
- Describe and reflect on the process of 'individuation' (awareness of self) and the role it plays in the acquisition of early life concepts.
- Gain and practice the Davis self-regulation strategies for yourself.
- Demonstrate the techniques needed to guide someone through the use of the Davis self-regulation strategies of *Focus*, *Release* (stress management) and *Dial* (energy regulation).
- Identify the Basic Stepping Stones concepts and their definitions.
- Describe the technique of Concept Mastery using clay and gain experience on how to guide another/your child through this process.
- Explore the Concept Mastery procedure for The Basic Stepping Stones Concepts of *self*, *another*, *others*, *change*, *consequence*, *cause/effect*, *before/after*.
- Gain experience of how to facilitate experiences so that these concepts can be understood and transferred across a variety of situations.

Teaching and Learning Tools:

- Powerpoint presentations
- Guided discussions
- Videos
- Demonstrations
- Guided practice
- Q & A
- Group work

Evaluation:

- Self-assessment by participants of skills and knowledge gained throughout the workshop.
- Assessment of participant skills and knowledge by the course leaders

Note:

This workshop does not include certification or licensing for commercial use of the Davis trademarks; such use requires extensive additional training.